



# Mount Warrigal Public School

Kindness - Safety - Respect - Fairness  
A quality school developing the individual in a caring community

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SCHOOL SECURITY 1300 880 021



Jodi Niedermayer  
Principal

## NEWSLETTER

3 July 2019

Term 2 Week 10 2019

Dear Parents, Carers, Students and Community,

### ASSEMBLY

Congratulations to all the Gold Badge recipients and thank you to the parents and carers who attended to share in this proud achievement. Our next assembly will be held Monday 29 July at 2.00pm. All families are welcome to join us in the school hall.

### ATHLETICS CARNIVAL

Yesterday we held our K-6 athletics carnival at Myimbarr Sports Fields. Congratulations to all the students who attended and for their sportsmanship and participation. Thank you to Mrs Dejong for leading the organisation of the carnival and all the staff for their work on the day. We have received feedback from the staff from Lake Illawarra Athletics, commenting on our students' positive behaviour and the organisation and team work from the staff making it "one of the best carnivals so far this year". Thank you also to the many parent/carers who attended and cheered on all our students. Follow us on Facebook to see some photos from the day.

### NAIDOC CELEBRATIONS

NAIDOC Week 2019 is held from July 7-14 and focuses on the theme of Voice. Treaty. Truth. Public schools across the state will take part in celebrations to recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Mount Warrigal Public School will celebrate in the first week of Term 3, specifically on Wednesday 24 July. Please look out for further information in this newsletter. We would love to have parents and carers join in on the celebrations.



**VOICE  
TREATY  
TRUTH** 07 - 14  
JULY 2019  
*Let's work together for a shared future.*

### ABORIGINAL & TORRES STRAIT ISLANDER 'MEETING PLACE'

Thank you to all the parents and carers who meet regularly to work with our staff to support Aboriginal education in our school. A group of parents meet every fortnight but new families are warmly welcomed. The next meeting will be held on Tuesday 24 July after NAIDOC Celebrations.

### 2020 KINDERGARTEN AND PRESCHOOL ENROLMENTS

We are now accepting enrolments for students starting Kindergarten in 2020 and also for parents wishing for their child to attend our preschool in 2020. If you or anyone you know is seeking enrolment for 2020, please call into the school office to collect an enrolment form.

## ABORIGINAL WRITERS FESTIVAL

On Friday, Aboriginal students from our local schools spent the day learning from literacy experts at the Lake Illawarra South Network Aboriginal Writers Festival. The 60 students worked with local Aboriginal children's author, poet and emerging playwright Kirli Saunders to develop their creative writing skills. Students also learnt about public artworks from Shellharbour Library staff using a range of paintings and sculptures by Indigenous artists housed in the Shellharbour Civic Centre. Congratulations to Janae, Poppy and Akeira for representing our school on the day, along with Vicky and Mrs Dejong. The students now have the opportunity to work with mentor teachers to plan a piece of creative writing, which will be submitted in late July for judging by a panel of local Elders.



## STAFF CHANGES

Unfortunately Mrs Dinale will be taking leave for the remainder of the year, due to family matters. Mrs Donovan will be taking K/1D for the remainder of the year, 5 days a week. Mrs Donovan comes highly recommended from Warilla Public School and is excited to take on this new role. Due to this, Mrs Warne will no longer be taking the class on Friday. We thank Mrs Dinale for her time at our school on K/1D and wish her and her family all the best.

## EARLY INTERVENTION GATES

We are asking for the safety and wellbeing of our staff and students that all staff park in the designated car park or on the street if this is at full capacity. We also ask our families to park on the streets surrounding the school. We have had some members of our school community entering the early intervention gates for drop off, pick up and parking. This is unsafe and places students at risk. The early intervention gates and driveway are there primarily for taxi pick up for our students.

## WINTER SCHOOL UNIFORM

We have a number of students choosing to wear clothes other than the school uniform, including other hoodies, shorts, etc. Winter uniform for both boys and girls consists of the school tracksuit pants and jacket, or maroon tracksuit pants and jumper, a school polo shirt and appropriate footwear. As usual, uniforms can be purchased from Kym in the canteen. **We ask that parents please support us by ensuring their child wears the correct uniform.** We understand that, on occasions, items may be in the wash or not dry. **If this is the case please send a note with your child, informing your child's teacher.** If students require new uniforms, the P&C are selling a range of second-hand uniforms for only a gold coin donation.

## P&C MEETING

The next P&C meeting will be held on Monday 5 August at 1.30pm in the community room. We welcome all members and any new parents who would like to learn more about our school and support in any way.

## P&C NEWS

- Sports Colours Mufti Day is on this Thursday, 4th July. Students can wear their favourite sporting team colours, and bring in a gold coin donation, to help raise money for the new Aboriginal Garden. The P&C will be matching all money raised!
- Congratulations to K-3M for raising a whopping \$52.70 in the P&C's Loose Change Challenge this term. Thank you to everyone that has participated so far. The Challenge will be running all year, so students can keep bringing in their spare coins, and be in the chance of winning the prize in Term 3.
- Pie Drive - order forms are being sent out this week. All forms with correct money are due back to the school office by Friday, 26th July (1st week of Term 3). Pies and sweets will be ready for collection on Monday, 12th August between 2-2:45pm from the Community Room.

## HAPPY HOLIDAYS

We wish all of our students, families and staff a happy and safe holiday. Staff return to school on Monday 22 June for professional learning and **all students return on Tuesday 23 June.**

Kind regards,  
Jodi Niedermayer

**Kids Helpline 1800 55 1800**  
**Crimestoppers 1800 333 000**

## Dates for Your Calendar

<b>4<sup>th</sup> July</b>	P&C Sports Colours Mufti Day (Gold coin donation)
<b>5<sup>th</sup> July</b>	Last day of Term 2
<b>23<sup>rd</sup> July</b>	First day of Term 3
<b>24<sup>th</sup> July</b>	NAIDOC Celebrations
<b>26<sup>th</sup> July</b>	P & C Pie Drive order form due back
<b>29<sup>th</sup> July</b>	Whole School Assembly at 2pm in school Hall
<b>30<sup>th</sup> July</b>	Aboriginal and Torres Strait Islander 'Meeting Place' at 1pm
<b>5<sup>th</sup> August</b>	P & C Meeting at 1:30pm in Community Room
<b>12<sup>th</sup> August</b>	Pie Drive Delivery – Pickup 2-2:45pm in the Community Room
<b>20<sup>th</sup> August</b>	School Photos

## MWPS NAIDOC Celebration.

Please join our school in celebrating NAIDOC on the 24th of July (Week 1, Term 3). Many of our community have been working hard to organise five rotating activities for the students to enjoy throughout the day. We invite parents/carers and community members to attend our NAIDOC assembly between 11.30-12.30pm to see some of our students and local Elders perform. We look forward to you sharing this special celebration with our school.



**VOICE  
TREATY  
TRUTH** 07 - 14  
JULY 2019  
*Let's work together for a shared future.*



As part of our sustainability  
program

SHELLHARBOUR



Would like to invite you to  
be part of our 2019 school

# SPUD IN A BUCKET

## CHALLENGE

**When:** Mon 17<sup>th</sup> June 2019 to Wed 2<sup>nd</sup> September 2019

**Where:** At your school

**Supplies:** Bunnings Activity Organisers will bring you 2 Buckets, Seed potatoes, a watering can, 1 bag of soil & Instructions on growing potatoes. All will be delivered to the school by 11<sup>th</sup> June 2019

**At the End:** Bunnings will make a time with your school to visit on the 2<sup>nd</sup> September to weigh your total yield & your heaviest potato.

### Winners:

**1st Place** Heaviest yield (total amount) - a garden bed for their school

**2<sup>nd</sup> Place:** Heaviest potato - a pack of garden accessories



# School Community Charter

 **Collaborative. Respectful. Communication.**

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

## What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

**The best education happens when parents and schools work together.**

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



## Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and informative.
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

**We treat each other with respect**

**We prioritise the wellbeing of all students and staff**

**Unsafe behaviour** is not acceptable in our schools

**We work together with the school**

**Ensuring respectful learning environments for all members of NSW Public Schools communities.**



We create  
**collaborative**  
learning  
environments

We  
all play  
**a part**

We work  
**in partnership**  
to promote  
student  
learning

### Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: [education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students](https://education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students)

### Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.



### Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



**Collaborative.**  
**Respectful.**  
**Communication.**

**School Community Charter**

[education.nsw.gov.au](https://education.nsw.gov.au)



## HEALTHY CHANGES TO OUR CANTEEN

The NSW Healthy School Canteen Strategy is a joint initiative between the NSW Ministry of Health and the NSW Department of Education. The Strategy is all about giving students across NSW a taste for healthy foods and to make healthy choices easily available. Our school canteen is working towards achieving the strategy.

### WHAT'S CHANGED?

- The new strategy places food and drinks into EVERYDAY and OCCASIONAL categories. This replaces the traffic light system of green, amber and red food and drinks.
- The new strategy requires the canteen to sell at least 75% EVERYDAY and no more than 25% OCCASIONAL food and drinks.

### WHAT YOU MAY NOTICE

- Promotion of healthy food and drink options
- Menu changes
- Portion size review
- Sugary drinks not to be sold
- No Red days

Continue to support our canteen as we work towards making the changes.

More information:  
[www.healthyschoolcanteens.nsw.gov.au](http://www.healthyschoolcanteens.nsw.gov.au)



Health  
Illawarra Shoalhaven  
Local Health District



**Woof!**  
*wednesday*  
**is School Banking day.**

## Help our fundraising cause!

Support us and treat yourself!

*entertainment*  
Discover the best of your city with Entertainment.

Still only  
**\$60**

Every sale  
contributes  
to our cause

Enjoy thousands of offers for everything you love to do

2-for-1 offers, special rates and up to 50% off on activities, dining, shopping, travel and leisure.  
Order your Entertainment Membership today!

<b>50+</b> Contemporary Dining Offers!	<b>CAVEAU</b> \$50 value	<b>ROOIE</b> \$50 value	<b>BABYFACE KITCHEN</b> \$50 value	<b>harbourfront</b> \$40 value	<b>IL NIDO</b> \$35 value and more offers
<b>90+</b> Casual Dining Offers!	<b>HOGGS</b> \$40 value	<b>Brasserie</b> \$25 value	<b>THE BULL</b> \$45 value	<b>Stratford Smith</b> \$25 value	<b>and many more</b>
<b>150+</b> Takeaway and Attraction Offers!	<b>McDonald's</b> 2 for 1	<b>Wendy's</b> 2 for 1	<b>SOUL ORIGIN</b> 2 for 1	<b>PHOTO</b> 2 for 1	<b>Symbio</b> 20% off
<b>2,000+</b> Travel and Retail Offers!	<b>Emirates</b>	<b>mantra</b>	<b>AVIS</b>	<b>Bert's</b>	<b>nib</b>

Up to 50% off Retail, Travel, Leisure and Accommodation

Every sale contributes to our fundraiser, so purchase your Entertainment Membership today!

### Mount Warrigal Public School

Order your Memberships online today!

[www.entbook.com.au/9g52666](http://www.entbook.com.au/9g52666)

Purchase your Membership before the 4<sup>th</sup> April 2019 and receive bonus offers valued at \$200! Subject to availability.



### BRETT & MICHELLE EDWARDS TENNIS COACHING

WARILLA BOWLS & REC CLUB 9.00am -12noon  
(Jason Ave, Warilla)

### SCHOOL HOLIDAY TENNIS CAMP

Tues 9<sup>th</sup>, Wed 10<sup>th</sup> & Thur 11<sup>th</sup> July 2019  
9:00am -12 noon. All standards welcome.

- Games & prizes
- Ball machine
- Special family rates apply

All enquiries/bookings: Brett & Michelle Edwards  
0403289974 or 0413064298



Is your child in need of additional school uniform items? Then please visit the P&Cs 2<sup>nd</sup> Hand School Uniform Shop, located next to the Community Room, where you can purchase good quality, pre-loved uniforms for a **Gold Coin Donation.**

Open Monday and Thursday mornings or by request.

All funds raised go to support the school.

## **DONATIONS APPRECIATED!**

We will happily accept donations of good quality, clean uniforms, and items in the school colours of maroon and light blue. If your child has outgrown their old uniform, then why not donate it to the school, and benefit other students.



All proceeds to benefit Mount Warrigal Public School.





# LOOSE CHANGE CHALLENGE



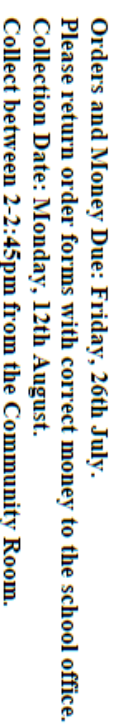
Congratulations to K-3M for raising a whopping \$52.70 in the P&C's Loose Change Challenge this term. Thank you to everyone that has participated so far. The Challenge will be running all year, so students can keep bringing in their spare coins, and be in the chance of winning the prize in Term 3.



All Proceeds To Benefit Mount Warrigal Public School



Pies sourced from Oak Flats Patisserie



**Contact Number:**

Thank you for supporting Mount Warrigal Public School!

# CatholicCare Courses 2019

## Strengthening your Relationships

Call us 4254 9395  
enquiries@catholiccare.dow.org.au



## For Parents and their Children after Separation

### ROLLERCOASTER

#### For Children post separation

Assists children experiencing change and loss as a result of family separation. Help your children to understand and develop coping strategies.

**6 sessions held weekly** **\$60 per family\***  
For additional support, we offer specialised post separation counselling for families.

### KEEPING KIDS IN MIND

#### For Parents/Carers of children and young people post separation

Helps separated parents to learn to deal with the emotional and practical issues of parenting after separation. Explores the impact separation has on your whole family.

**5 x 2.5 hour sessions held weekly** **\$100\***

## Wollongong

25-27 Auburn St. Wollongong

## Campbelltown

35A Cordeaux St. Campbelltown

## Nowra

55 Worrige St. Nowra  
Unless otherwise stated.  
\* All Nowra courses are free



www.catholiccare.dow.org.au

CatholicCare's Families & Communities Program is funded by the Australian Government. We acknowledge the traditional owners of the land on which we operate and pay respect to their elders past and present.

## CatholicCare | Strengthening your Relationships

### Wollongong Courses - Term 3, 2019

Call us 4254 9395

enquiries@catholiccare.dow.org.au  
www.catholiccare.dow.org.au



## For Parents & Carers

### 123 MAGIC & EMOTION COACHING

#### For Parents/Carers of children aged 2-12 years

Learn to be present and consistent as a parent. Provides a structured approach to managing your child's challenging behaviours.

**3 x 2.5 hour sessions held weekly** **\$45**  
Tuesdays 23, 30 July & 6 August, 9:30am-12pm  
OR Thursdays 5, 12, 19 September, 1:30-4pm

### SEEING RED - Introduction to managing challenging emotions

#### For Adults

Strong emotions are natural and are felt by everyone. Learn to recognise, communicate and listen to your feelings and others feelings. Learn to express these feelings in an assertive way.

**3 x 2 hour sessions held weekly** **\$45**  
Tuesdays 30 July & 6, 13 August, 1:30-3:30pm  
OR Thursdays 1, 8, 15 August, 10am-12pm

### CIRCLE OF SECURITY PARENTING™

#### For all Parents/Carers

A must for all parents. Children who feel secure have empathy, greater self-esteem, better relationships and increased capacity to handle their emotions. Understand your child's world by learning to read your child's emotional needs.

**5 x 2 hour sessions held weekly** **\$75**  
Tuesdays 23, 30 July & 6, 13, 20 August, 10am-12pm  
OR Thursdays 22, 29 August & 5, 12, 19 September, 12-2pm

### MY KIDS & ME

#### For Parents who have had their children removed from their care

Parents explore grief and loss and its impact on children and the family. Assists Parents to develop strengths and build support networks.

**7 x 2.5 hour sessions held weekly** **FREE**  
Tuesdays 13, 20, 27 August & 3, 10, 17, 24 September 9:30am-12pm

### BRINGING UP GREAT KIDS

#### For Parents/Carers of children aged 2-10 years

Reflect on your own parenting style and develop strategies to support your child whilst taking care of yourself. Designed to promote positive and respectful parent-child relationships.

**4 x 2 hour sessions held weekly** **\$60**  
Thursdays 25 July & 1, 8, 15 August, 9:30-11:30am

### BRINGING UP GREAT TEENS

#### For all Parents/Carers

Learn to promote positive and respectful parent-teen relationships. Focus on the big issues and challenges when managing conflict and connecting with teens.

**4 x 2 hour sessions held weekly** **\$60**  
Thursdays 25 July & 1, 8, 15 August, 1:30-3:30pm

### BLACK BOX PARENTING

#### For all Parents/Carers

Parents explore how previous life events and experiences influence their parenting and how they interact with their children. Parents are provided with a non-judgmental environment to help build social and emotional wellbeing throughout their parenting journey.

**6 x 2.5 hour sessions held weekly** **FREE**  
Thursdays 22, 29 August & 5, 12, 19, 26 September, 10am-12:30pm

### SEASONS FOR GROWTH - ADULTS

#### For Adults

Aims to build resilience and bring hope and confidence to adults who have experienced significant change or loss.

**4 x 2.5 hour sessions held weekly** **\$60**  
Tuesdays 23, 30 July & 6, 13 August, 2-4:30pm

## 25-27 AUBURN ST, WOLLONGONG

CatholicCare's Families & Communities Program is funded by the Australian Government. Concessions may apply dependent upon financial circumstances.



## CatholicCare | Strengthening your Relationships

### Wollongong Courses - Term 3, 2019

Call us 4254 9395

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## For Parents and their Children after Separation

### ROLLERCOASTER

#### For Children post separation

Assists children experiencing change and loss as a result of family separation. Help your children to understand and develop coping strategies.

**6 sessions held weekly** **\$60 per family**  
Tuesdays 20, 27 August & 3, 10, 17, 24 September, 3:30-5:30pm

### KEEPING KIDS IN MIND

#### For Parents/Carers of children and young people post separation

Helps separated parents to learn to deal with emotional and practical issues of parenting after separation. Explores the impact separation has on your whole family.

**5 x 2.5 hour sessions held weekly** **\$100**  
Tuesdays 20, 27 August & 3, 10, 17, 24 September, 3:30-5:30pm  
OR  
Thursdays 29 August & 5, 12, 19, 26 September, 5:30-8pm



## Mental Health First Aid

### YOUTH

#### For Adults

Teaches adults how to provide initial support to youth experiencing a mental illness or are in crisis. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders and eating disorders.

**2 days held over 2 weeks (14 hour program)** **\$198 incl GST**  
Fridays 13 & 20 September, 9am-4:30pm

## Counselling

CatholicCare's affordable counselling service provides support to children, adults, couples and families experiencing:

- grief and loss
- family & relationship difficulties
- stress/anxiety/depression
- changes in personal or family situations
- pregnancy loss.

Our skilled and compassionate counsellors are qualified professionals experienced in couple, family and individual counselling.

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