



Mount Warrigal Public School

Kindness - Safety - Respect - Fairness

A quality school developing the individual in a caring community

2 Hogarth Avenue Mount Warrigal NSW 2528 Ph: 02 4296 6266 Fax: 02 4297 2816
Email: mtwarrigal-p.school@det.nsw.edu.au Website: www.mtwarrigal-p.schools.nsw.edu.au
SCHOOL SECURITY 1300 880 021



Jodi Niedermayer
Principal

NEWSLETTER

21 March 2018

Term 1 WEEK 8 2018

Dear Parents, Carers, Students and Community.

ASSEMBLY

Congratulations to 5/6P for their creative performance at our assembly this week. Our Stage 3 class performed scenes demonstrating the importance of being an 'up-stander' and reinforcing the important message of National Day of Action Against Bullying and Violence. Our next assembly won't be until Term 2 (Monday 7th May) due to Easter Monday public holiday.

BREAKFAST CLUB VOLUNTEERS

As you would be aware, we are fortunate to have breakfast club free to our students 4 days a week. This only occurs due to Baptist Care and the amazing volunteers. We are currently looking for more volunteers to support the program. If you are available on a Thursday morning, please contact Renee Scott at Baptist Care on (02)42987200.

SILLY SCIENTIST PERFORMANCE – TOMORROW

Tomorrow our students will be attending the Silly Scientist performance. If you have not already paid for this performance, last minute payments will be accepted tomorrow morning. If you have any concerns paying for this performance, please contact the office. I know our students will enjoy this fun and engaging learning experience.

LAKE ILLAWARRA HIGH SCHOOL - COMMUNITY BREAKFAST

Last week Melanie Stockfeld, our P&C President, and I were fortunate to attend a breakfast at LIHS aimed at building connections and relationships with our local high school and the wider community. There were a number of presenters at the breakfast including a current student, Cloe Avery, who spoke about her positive educational experience and her exciting future aspiration that are strongly supported by the school. Sharna Dawson, a previous Mount Warrigal PS and Lake Illawarra HS student also spoke about her experiences, leading her to become a PE teacher, who also returned to work at LIHS and now has created another business supporting our local community. Both speakers were proud members of our community, grateful for the educational opportunities offered and the support, guidance and care they received at Lake Illawarra High School. The passion and high quality educational opportunities provided at LIHS and the unwavering commitment to support every student in their own journey to success is inspirational. Well done, Lake!

EASTER HAT PARADE

Save the date of Thursday 29th March for our Easter Hat Parade for students from Preschool to Year 6. Students make their hat here at school with the support of their buddy class. All students are encouraged to bring in some craft supplies that can be added to their hat for decoration.

SPORTS FUN DAY

Last Friday was National Day of Action Against Bullying and Violence. To support this day and encourage positive peer interactions we had a sports 'Commonwealth Games' day where students participated in activities in their house teams, gaining points for the house team for positive sportsmanship. Thanks to Miss Parr for her organisation and commitment to providing our kids with fun sports activities and also to our Stage 3 students and house captains that led the activities brilliantly.

VOLUNTEERS – Working With Children Check (WWCC)

The DoE have policies and procedures in place to minimise risk of harm to our students, staff and community when at school. In accordance with the WWCC policy we require all parent and community volunteers to complete a Working With Children Check Declaration form and provide 100 point identification. This is only required to be completed once every 2 years. To complete the WWCC forms, or for further information, please contact the office. We also ask all visitors to sign in at the office each time they are staying to volunteer or stay on school grounds for training or meetings. As a school, we are committed to working in partnership with families and our community and strongly encourage your participation in our school in whatever way you can provide.

UNIFORMS and 'ACCESSORIES'

Thank you to all parents for ensuring your child is dressed in our school uniform. Our school community is very proud of our school uniform and our students look fantastic when everyone is in correct uniform. Recently we have noticed an increase in students wearing excessive jewellery, big colourful hair bows, nail polish, tattoos, etc. Excessive jewellery can pose a safety risk, particularly during physical activity, as well as be lost or broken. Other accessories such as bows and tattoos should not be worn to maintain a high standard of uniform and avoid competitive peer pressure. Hair ties, ribbons and bows should be as close to school colours as possible. We ask that parents and carers support by ensuring these things are kept for weekend wear.

2018 SCHOOL CONTRIBUTIONS

The students of Mount Warrigal Public School directly benefit from the financial contributions made by parents during the beginning of each school year. Every dollar received is used to provide additional resources for our student learning programs – in classrooms, during out of school experiences and throughout the school. Your contribution is a very important component of our annual funds. We are encouraging parents to support learning programs during 2018 by paying a single or family contribution. We have again kept the price low - \$20 per student, with a maximum of \$40 per family. This equates to 10 cents a day – What value!!

Please send all contributions to the school office, labelled with your child's name and class.

LOCAL AECG MEETING

Below are the dates for the AECG meetings scheduled for the year so you can add them to your calendar.

Term 2	
03/05/2018	Illawarra Environmental Education Centre
06/06/2018	Primbee Public School
Term 3	
26/07/2018	Oak Flats Public School
29/08/2018	Warilla High School
Term 4	
18/10/2018 AGM	Mount Terry Public School
28/11/2018 Christmas Meeting	Tullimbah Public School

Kind regards,
Jodi Niedermayer



Skoolbag

Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "Install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "Install".
5. When installed click "Open".
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



iPhone





Android



Don't forget to like us on Facebook! 

Find out more at www.skoolbag.com.au

Skoolbag delivers school notices directly to parents and students



Dates for Your Calender

22 nd March	Silly Scientist
26 th - 29 th March	Easter Eggs Guessing Competition in canteen—drawn at Easter hat Parade
29 th March	Easter Hat Parade
30 th March	Public Holiday – Good Friday
2 nd April	Public Holiday – Easter Monday
6 th April	Cross Country
13 th April	Last day of Term 1
16 th – 27 th April	School Holidays
1 st May	Students return to school (Tuesday)

Positive Behaviour for Learning (PBL)

In Week 5, we focused on being respectful learners.

In Week 6, we have been focusing on being safe and respectful.



At Mount Warrigal Public School we are respectful.

We speak kindly to others
We listen to others
We connect to others with empathy

At Mount Warrigal Public School we are learners.

We talk about our heavy and light feelings
We follow staff instructions the first time
We take responsibility for our actions

At Mount Warrigal Public School we are safe.

We are in the right place at the right time
We use equipment safely
We walk around the school

At Mount Warrigal Public School we are respectful

We treat our school with respect
We put our rubbish in the bin
We respect other people's space



Teachers give out paws to students who are being **safe, respectful, learners**

Lake Illawarra High School



Message to our Future Students

YEAR 7 2019 -INFORMATION EVENING

THURSDAY 22nd March

The Principal and teaching staff of Lake Illawarra High School invites Year 5 and 6 students and their families to an Information evening in the School Hall, starting at 5pm. During this evening, our Principal, Mr Tony Hicks, will discuss our great school and the benefits for your child in attending Lake Illawarra High School.

Students and their families will also be able to speak to staff and watch demonstration lessons from various faculties of the type of lessons and activities, which take place at Lake Illawarra High School on a daily basis to gain an insight into high school life.

For further inquiries please contact the 2019 Year 7 Adviser, Mr Michael Gillespie or the Deputy Principal, Mr Tim Wilson on 42 96 3844.

We look forward to seeing you at Lake Illawarra High School

2018 Sports Program Year 6 Trials

Date: Thursday March 29th, 2018
Time: 8.00am to 1.00pm



Year 6 trials are for students looking to enrol in the Talented Sports and Development Program. Students must be currently registered in a community club. Register online through school website or Facebook - applications close March 22nd.

Rugby League
Girls All Codes
Netball
Basketball
Surfing

Location: ISHS Gym, Gura St Berkeley

Sydney FC / Football South Coast Football
Location: Berkeley Sports and Social Club



FREE ANTI-BULLYING CLASS

SATURDAY 24TH MARCH
11am - 12:30pm
At Gracie Barra Shellharbour
(1/33-37 Durgadin Dr, Albion Park Rail)

Call 0404 518 111 or email info@gbshellharbour.com.au to book your spot



P & C
EASTER EGG GUESSING
COMPETITION

Each guess will cost 50cents each or 3 for \$1
The jar of eggs will be on display in the canteen.

You will be able to have a guess
each morning

until Thursday 29th March.

The winner will be drawn
at the Easter Egg Parade.

GOOD LUCK!!!!



David Kirkwood presents.....
First Aid Course

Please take this very special opportunity for only
\$80

Mt Warrigal Public School

Community Room

9:30am -2.30pm

Thursday 22th March 2018

Parents will need a USI number for online enrolment. If you don't have access to a computer or internet David will meet you a week before in the Community Room at 9am on the Thursday 15th of March.

Please note: If you are a parent who has attended Mt. Warrigal Parent's Hub more than 2 times, you will be able to do this course for only ***\$40!!***

Please see Sharlene or phone the school on 42966266

"This training is provided by David Kirkwood First Aid Training, partnering with and under the auspices of Safety Corp Pty Ltd RTO 91694"

Walking by the Lake

Come along and join us for fresh air and enjoy a walk by the lake. Bring a friend along if you wish. Mothers with babies, father's, grandparents, and carers are all welcome. Bring a hat, water and comfortable joggers.

Where: Meet after assembly near the Canteen

When: Monday Mornings

Time: 9am



Benefits of walking

- | | | |
|------------------------|--------------------------|----------------------------|
| 1. Weight loss | 4. Increased Self-esteem | 7. Improved Self-image |
| 2. Increase metabolism | 5. Toned muscles | 8. Stronger bones & joints |
| 3. Healthier heart | 6. Increased energy | 9. Social |



Fit4Life Program

Do you have a child aged 4-7 who is above a healthy weight?

Help them gain skills to get fit for life!

We are offering you and your child the opportunity to enrol in a free 8-week interactive program.

You will learn about healthy eating, physical activity and sleep and be involved in cooking sessions.

Your child will play active games each week, learn skills and meet new friends.

For more information
phone: 4221 5670 or email
mhammers@uow.edu.au



CatholicCare Courses Strengthening your Relationships

Call us 4296 6266

For enquiries or to reserve a spot in the course please visit the office.



**For Parents
& Carers**

BRINGING UP GREAT KIDS

For Parents/Carers of children aged 2-10 years

Reflect on your own parenting style and develop strategies to support your child whilst taking care of yourself. Designed to promote positive and respectful parent-child relationships.

4 x 2 hour sessions held weekly

FREE

Thursdays 3, 10, 17, & 24 May, 9:15-11:15am

MT WARRIGAL PUBLIC SCHOOL
2 Hogarth Avenue, Mount Warrigal

CatholicCare's Families & Communities Program is funded by the Australian Government





JOIN SPORTS CAMPS AUSTRALIA THESE SCHOOL HOLIDAYS AT SURF CAMP AND HAVE **SERIOUS. FUN.!**

THIRROUL BEACH | 8 - 16 YEARS | 9:00am - 3:00pm | INTERMEDIATE LEVEL | CO - ED

Book your camp today!

Visit www.sportscampsaustralia.com.au 1800 753 127

All rights reserved. Nike is not the title sponsor of the camps and has no control over the operations of the camps or the acts or omissions of Sports Camps Australia. Nike and the swoosh design are the trademarks of Nike, Inc and its affiliates and are used under sublicense.



SERIOUS. FUN.



Improve your health & wellbeing with FoodREDi™

FoodREDi is a healthy lifestyle program – that's free!

It shows you ways to:

- save money on food
- achieve a healthier diet
- make positive lifestyle changes
- keep your kitchen safe
- be a savvy shopper
- try new recipes for easy, tasty and nutritious meals and snacks



Dates: Every Thursday for 6 weeks, commencing Thursday 31st May – Thursday 5th July.

Time: 9.30-12pm

Venue: Community Room

HEALTHY CHANGES TO OUR CANTEEN

The NSW Healthy School Canteen Strategy is a joint initiative between the NSW Ministry of Health and the NSW Department of Education. The Strategy is all about giving students across NSW a taste for healthy foods and to make healthy choices easily available. Our school canteen is working towards achieving the strategy.

WHAT'S CHANGED?



- The new strategy places food and drinks into EVERYDAY and OCCASIONAL categories. This replaces the traffic light system of green, amber and red food and drinks.
- The new strategy requires the canteen to sell at least 75% EVERYDAY and no more than 25% OCCASIONAL food and drinks.

WHAT YOU MAY NOTICE

- Promotion of healthy food and drink options
 - Menu changes
 - Portion size review
- Sugary drinks not to be sold
 - No Red days

Continue to support our canteen as we work towards making the changes.

More information:
www.healthyschoolcanteens.nsw.gov.au

Join our Easter Family Night

FREE



Thursday 22nd March 6–8pm

Bring the family along for a great night of fun!

- Easter D.I.Y. Workshops
- Visit from Easter Bunny
- Fun Easter egg hunt
- Easter activities for the whole family
- Light refreshments will be provided



Give the gift of choice with a Bunnings Gift Card

Bookings recommended. For more information or to book ask one of our team in-store or visit www.bunnings.com.au

BUNNINGS



Department of
Primary Industries



Kids' fishing workshop



Kids 8–14 years old are invited to come and learn to fish safely and responsibly. Instructors are experienced volunteers and staff from the Department of Primary Industries.

The day runs from 10 am to 2 pm and involves fishing techniques, bag and size limits, and fish handling for best release techniques.

COST is \$40 PER CHILD, and includes

- rod and reel combination
- shirt
- hat
- tackle box
- show bag—all to take home!

BOOKINGS ARE ESSENTIAL.
Maximum 25 participants.

Locations and Dates		
Batemans Bay	Tuesday 17 th	April 2018
Tuross Head	Wednesday 18 th	April 2018
Merimbula	Thursday 19 th	April 2018
Lake Illawarra	Monday 23 rd	April 2018
Greenwell Point	Tuesday 24 th	April 2018

To book: e-mail stephen.thurstan@dpi.nsw.gov.au or ring Stephen Thurstan, 0438 245 190
Web details: <http://www.dpi.nsw.gov.au/fisheries/recreational/info/workshop>

NSW DPI fishing workshops are run with the assistance of the Fishcare Volunteers and are supported by funds from the Recreational Fishing Trusts