



MOUNT WARRIGAL PUBLIC SCHOOL CANTEEN MENU 2023

Please note: Our school canteen is open **TUESDAY, THURSDAY AND FRIDAY 8:30am- 11:30am**

All lunch orders must be in by 9am. Lunch Bags are an additional 10 cents each.

SANDWICHES (White or Wholemeal):

Vegemite or Jam	\$1.50
Cheese (low fat)	\$2.50
Cheese & Tomato	\$3.50
Ham (Lite)	\$3.50
Chicken (Shredded)	\$4.00
Egg	\$3.00
Salad (Lettuce, Tomato, Carrot, Beetroot & Cucumber)	\$4.00

Extras:

Add Cheese or Toppings	60cents each
Add Salad	\$2.00
Bread Roll	\$1.00 extra

HOT FOOD:

Lasagne (97% fat free)	\$4.80
Butter Chicken and Rice (GF)	\$4.80
Macaroni Cheese	\$4.80
Meat Pie	\$3.80
Sausage Roll	\$3.00
Pizza (Cheese/BBQ Chicken/ Meat & Cheese/Hawaiian)	\$3.50
Cup Noodles (Chicken)	\$2.50
Chicken Nuggets	3@\$2.00 or 5@\$3.00 or 7@\$4.00 or 80cents each
Corn on The Cob (GF)	50cents
Garlic Bread— homemade	\$1.00
Cheesy Garlic Bread-homemade	\$2.00

SALAD TUBS AND WRAPS:

Garden Salad	\$4.50
Ham and Salad	\$5.50
Chicken and Salad	\$6.00
Egg and Salad	\$5.50
Fruit Salad Tub (GF)	\$4.50
Extras: Add Dressing (97% fat free)	50cent

JAFFLES (TOASTIES):

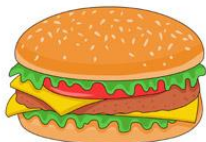
Baked Beans Jaffle	\$3.50
Tin Spaghetti Jaffle	\$3.50
Cheese Toastie	\$2.80
Ham, Cheese and Tomato Toastie	\$4.20

BURGER TIME:

Crumbed or Grilled Chicken Burger (lettuce & mayo)	\$4.80
Veggie Burger (lettuce & mayo)	\$4.80
Junior Burger (Lean Beef & Tom Sauce)	\$4.50
Cheeseburger (Lean Beef & Sauce)	\$4.80
Beef Burger with the Lot (cheese, lettuce, tomato, beetroot & sauce)	\$6.00

Extras: Tomato or BBQ Sauce	30cents
Add Cheese or Toppings	60cents

(GF) = Gluten Free – Please note: Gluten free sandwiches are available on request.





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SNACKS:

Fruit or Fruit Bag (Seasonal)(GF)	\$1.00
Fruit Salad Cup (Seasonal) (GF)	\$2.50
Fresh Popcorn	\$1.00
Cheese and Crackers (Pack)	\$1.00
Sultanas (Snack Bag) (GF)	50cents
Pikelets (with butter or jam)	50cents each
Custard Pot	\$2.00
Custard Pot with Fruit	\$3.00
Red Rock Chips - Sea Salt	\$2.00
Fresh Veggie Sticks (GF)	\$2.00
Add Hummos	50cents

FROZEN SNACKS:

Slushie - 200ml (Various Flavours)	\$2.00
Moosies (Chocolate or Blue Moon)	\$2.00
Juicies (Apple & Blackcurrant)	\$1.50
Quelch Fruit Ice Block	80cents
Frozen Milk Cup	20cents
Frozen Juice Cup	20cents
Frozen Custard Cup	20cents

Please Note: All frozen snacks pre-ordered with lunch need to be collected from the canteen. Please bring back your lunch bag.

DRINKS:

Bottled Water 300ml	\$1.00	OAK – Chocolate	\$2.00
Bottled Water 600ml	\$2.00	OAK – Strawberry	\$2.00
Apple Juice	\$2.00	Apple & Blackcurrant Juice	\$2.00



CANTEEN INFORMATION:

- Lunch orders must be clearly written in pen or texta, with the child’s name and class on top.
- Healthy eating and good nutrition are promoted using the Healthy School Canteen strategy.
- The canteen is operating with a COVID safe plan, adhering to the rules set out by the NSW DoE.
- **Our canteen is run by the P&C Committee and relies upon volunteers to assist in the day to day running of the canteen. If you can help in any way, your time will be appreciated.**

