



Mount Warrigal Public School

Sun Safety Procedure

BRIEF DESCRIPTION:

Mount Warrigal Public School adheres to health authorities recommendation that sun protection is required when the ultraviolet index is 3 or above. The times when the ultraviolet index is usually 3 or above in NSW is between 10am and 2pm Eastern Standard Time (11am to 3pm daylight saving time) in all months except June and July.

LINK/S TO DEPARTMENT POLICIES

<https://education.nsw.gov.au/policy-library/associated-documents/Student-Health-in-NSW-Public-Schools-Sun-safety-guidelines.doc>

<https://www.cancercouncil.com.au/cancer-prevention/sun-protection/sunsmart-program/>

<https://education.nsw.gov.au/policy-library/policies/excursions-policy>

<https://education.nsw.gov.au/policy-library/policies/school-uniform-policy>

STATEMENT OF PURPOSE

At Mount Warrigal Public School we strive to protect all stakeholders from risks of harm that can be reasonably predicted due to ultraviolet radiation from the sun. This procedure aims to establish guidelines regarding procedures that support students and staff to reduce exposure to ultraviolet radiation by increasing the adoption of evidence-based sun safe strategies.

IMPLEMENTATION

The following are expectations at Mount Warrigal Public School:

The School will:

- Provide shaded areas (natural and/or built) where students congregate at recess and lunch and where outdoor teaching takes place.

Teachers/ SLSOs will:

- Promote sun safety as a health and safety issue rather than as a matter of discipline.
- Include intentional teaching about the need for sun safety across all year levels.
- Encourage sun safe hats (e.g. broad brim) over less effective hats (e.g. baseball caps).
- Model sun safe behaviours to students by wearing a hat in the playground, applying sunscreen.
- Be consistent with the school expectation of 'No Hat, Play in the Shade' and direct students without a hat to play in a shaded area.
- Ensure sun safe strategies (wearing a hat /shirt, applying sunscreen) are implemented in peak ultraviolet radiation times for outdoor activities, including physical activity, physical education, carnivals, excursions and sport.
- Scheduling outdoor activities in the shade or outside of peak ultraviolet radiation times where possible.
- Encourage students to apply SPF 30+ broad-spectrum and water resistant sunscreen before school.

Stage Supervisors will:

- Monitor teacher timetables to ensure that, where possible, outdoor physical activity is outside of peak ultraviolet radiation times.

Administration staff will:

- Communicate with the school community about sun safety (e.g. through school website, newsletters, annual report, enrolment package).



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Parents and carers will:

- Provide their child with a hat to support the school sun safety procedure.
- Encourage the daily sunscreen application.
- Model sun safe behaviours when involved in school activities.

Students will:

- Wear a hat at all times when playing in the sun.
- Follow the school expectation of 'No Hat, Play in the Shade'.
- Apply sunscreen where possible.
- Wear sun safe clothing when participating in prolonged activities in the sun e.g. sporting carnivals.

EVALUATION

These procedures will be regularly evaluated and updated throughout the school year. A review of the procedures will be held by the conclusion of each year and any alterations noted.